

# MIAMI EVENT DIARIES



LIV GOLF MIAMI

with *Sheila Centner*



# GOLF... WITH A MIAMI TWIST

If you know me, you know golf isn't exactly my Saturday hobby. I don't religiously track the PGA rankings, and I couldn't tell you the difference between a 7-iron and a sand wedge without consulting Chat GPT. But when LIV Golf Miami came to town, I couldn't resist seeing what all the buzz was about, and let me tell you, it was one of the most electric and unexpectedly memorable daytime events I've attended in Miami.



## AN ENVIRONMENT EVERYONE WILL ENJOY

This wasn't the 'hushed', traditional golf you might picture. LIV Golf Miami was high-energy from the moment I walked in; live DJs, gourmet food stations, champagne bars, vibrant fan zones, and a crowd that looked like a combination of The Shops of Bal Harbour Runway meets Ultra Music Festival. You could be sipping a craft cocktail one minute, dancing in the Fan Village the next, and still

catch a front-row view of some of the world's top golfers.

The organizers have reimaged what a golf tournament can be: fast-paced play, team rivalries, interactive games for fans, and post-round concerts that could hold their own on a music festival stage. The energy levels were contagious; part sporting event, part lifestyle party, part music festival!

*"LIV Golf Miami with its high energy hospitality proved golf can be just as thrilling off the course as on it."*

# Sheila's

## TIPS FOR ENJOYING... LIV GOLF MIAMI

### DRESS FOR THE SCENE, NOT THE SPORT



Think elevated resort chic; linen jumpsuits, statement sunglasses, and wide-brim hats. You'll fit in perfectly while staying comfortable under the Miami sun.

### PLAN FOR THE FULL DAY



This isn't a "watch a few holes and leave" event. Between the golf, the food, and the music, you'll want to arrive early and stay until the final note of the concert.

### EXPLORE THE FAN ZONES



From interactive games for all to pop-up champagne lounges, the fan experience is as much fun as the tournament itself.

### BOOK VIP FOR THE BEST VIEWS



If you're going all out, the VIP areas offer unbeatable vantage points, gourmet catering, and the perfect setting for networking and people-watching.



## MIAMI IS THE PERFECT HOST

And what better city would be suited to high-energy golf than Miami? With its sun-drenched weather, the stunning backdrop of the iconic Blue Monster course, and a built-in culture of celebration, it felt like golf had been reinvented for this city.

### THE BOTTOM LINE...

Whether you're there for the golf, the people-watching, the music, or the champagne, LIV Golf Miami is an experience you'll be talking about long after the last putt drops. For me, it was proof that you don't have to love golf to fall in love with this golf event.

*See you at Miami's  
next great event...*

Sheila Centner  
@sheilacentner



A photograph of a balcony with a white railing, overlooking a clear blue ocean under a bright sky. In the foreground, two light blue armchairs with decorative patterns and a small round table with a book and a small object are visible. The balcony has a white pergola-style roof. The text is overlaid on the upper part of the image.

# DESTINATION: KAMALAME CAY

With Event & Travel Expert: *Sheila Centner*

# MIAMI'S WEEKEND ESCAPE

As much as I love Miami's buzz, sometimes I crave an escape that feels both exclusive and authentic. Kamalame Cay, a private island in the Bahamas just an hour away, is exactly that.

## FAMILY-RUN WITH HEART

Founded more than 30 years ago by Brian and Jennifer Hew, Kamalame Cay was created as a sanctuary of barefoot luxury and genuine hospitality. Today, that spirit continues through the next generation, as David and Michael King-Hew, together with Kimberly Hew, carry forward their parents' original vision with the same devotion and heart.

## GETTING THERE

From Fort Lauderdale, it's a short flight to Fresh Creek, followed by a boat ride that delivers you straight into paradise. For a more indulgent arrival, there's always the option of a seaplane landing right on the beach.



## ISLAND SOPHISTICATION

Guests can choose from cozy cottages to multi-bedroom villas, all styled with breezy, elegant touches. Expect breakfast baskets at your door, fresh cookies at 4 pm, inventive menus blending Bahamian and Asian flavors, and wine-paired dinners at the Great House.

## SPA OVER THE SEA

The island's over-water spa—the only one in the Bahamas—offers treatments enhanced by the rhythm of waves below.

## WHY IT'S PERFECT FOR MIAMIANS

Close enough for a weekend, yet far enough to feel a world away, Kamalame offers barefoot chic with genuine hospitality. On your first visit, they welcome you to the Cay; on the next, they welcome you home.

## THE LUNCHEON TRADITION

From November through May, Kamalame's Saturday Luncheons unfold in signature style: a welcome cocktail on the beach, canapés under the palms, and a family-style, wine-paired feast that lingers into the afternoon.



# SHEILA'S "MIAMI-TO-CAY" TIPS

## Don't Miss the Ultimate Coastal Culinary Experience:

Schedule your trip around the Luncheon if you want that rosé-on-the-beach magic.

## Book the Spa Early:

A signature over-water treatment isn't to be missed, schedule it for sunset.

## Pack Light, Elegant:

Think breezy island chic; sarongs or linen separates that flow with the Cay's vibe. No heels here!!!

## Savor the Meals:

Dining at the Great House (or the Tiki Bar, sand underfoot) is the best way to experience the local cuisine. Pro tip: order the blackened mahi-mahi wrap!!



Event & Travel Expert:  
Sheila Centner

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Learn more about Kamalame Cay:

[www.kamalamecay.com](http://www.kamalamecay.com)  
@kamalamecay

# A TASTE OF THE BAHAMAS

with Sebastien & Sheila Centner



photos by: Linda Wells

## KAMALAME CAY INSPIRED LUNCH

There's nothing quite like a Bahamian luncheon. Turquoise seas, barefoot bliss, and sun-kissed charm. While we can't jet to Kamalame Cay every weekend, we've discovered you can capture some of the same spirit at home, not passport required!

Sebastien & Sheila are co-authors of their guide to entertaining: *Entertainment, Recipes & ideas for Effortless Entertaining*.

Available at [amazon.com](https://www.amazon.com)



## SET THE SCENE

Keep it breezy with woven placemats, linen napkins, and bowls of mangoes and pineapples. Neutral tones with splashes of sea-glass blue and coral set the mood.

## FLAVORS OF THE ISLANDS

Serve fresh ceviche, grilled lobster or snapper with coconut rice, and finish with rum-soaked pineapple.

### Seb's Tip:

*Keep the seafood simple; let freshness be the star, just as they do in the Bahamas.*

## SIP LIKE YOU'RE THERE

Nothing says "luncheon" like the perfect pour. Mix up a signature rum cocktail; our favourite is white rum, fresh lime juice, pineapple, and a splash of coconut water. Garnish with mint and a pineapple wedge for an extra pop of colour.

## MUSIC & MOOD

Create a playlist of soft reggae, steel drum, and modern tropical house tracks. Music is an integral part of crafting the atmosphere, and it's amazing how music can instantly transport guests to the islands.

### Sheila's Tip:

*Keep the seafood simple; let freshness be the star, just as they do in the Bahamas.*

## THE LONG LUNCH MINDSET

Invite friends early, linger through courses, and end the day barefoot with a sunset cocktail in hand.

**Bottom line:** With a few thoughtful touches, you can transform any gathering into your own little slice of Kamalame Cay.

## Follow us @sebandsheila

Photos by: Bruce Gibson & Venjhamin Reyes

